

# INDULGE YOURSELF

Start 2012 as you mean to go on with a relaxing break at one of these luxury spa hotels

## CHEWTON GLEN, NEW FOREST

If you are looking for a five-star pamper to start your year in style, then look no further than Chewton Glen, a luxury country house hotel and spa set in 130 acres of Hampshire countryside on the edge of the New Forest National Park. Each of the 58 bedrooms and suites have been decorated individually to provide the ultimate in luxury and comfort. The combination of unique antique furnishings and distinctive fabrics creates a sophisticated and modern classic style.

Our beautifully designed room included a very comfy king size bed, a useful seating area and a luxurious bathroom with twin sinks, a power shower and a large bath in which you could lay back and watch TV! The rooms also feature the latest technology including Wi-fi, a CD player and even an ipod docking station.

Dining at Chewton Glen is a gastronomic delight. The menu in the Vetiver restaurant is predominantly English, featuring carefully selected local produce, cooked to perfection. The service is exceptional, with friendly and attentive staff who pander to your every whim, yet are unobtrusive. An experienced and helpful Sommelier is also on hand to assist you with your wine choice from the extensive wine cellar.

An afternoon in the award winning spa will leave you revived and ready for anything. Featuring a 17-metre ozone treated swimming pool, a fabulous hydrotherapy spa pool with different pressure zones that target every part of your body, aromatherapy saunas, crystal steam rooms and a state-of-the-art gym, you couldn't wish for more. After a brisk walk along the nearby beach at Highcliffe-on-Sea, we were ready for our very indulgent spa treatments, which left us feeling completely relaxed and well and truly spoilt.

With so much to see and do, including the seaside towns of Lymington, Christchurch and Bournemouth, plus the pretty village of Beulieu with the National Motor Museum, the New Forest is the perfect place to recharge your batteries ready for the year ahead.

### More information:

Bronze Rooms from £269 to £358. Special offers and promotions are available, visit the website for details. Chewton Glen, 01425 282212, [www.chewtonglen.com](http://www.chewtonglen.com).



Chewton Glen dates back to the 18th century. During the 1840s, Capt. Frederick Marryat stayed and gathered material for his famous novel *The Children of the New Forest*. The house was transformed into a hotel in the 1960s.





**CAMERON HOUSE**

This five-star luxury hotel is situated on the banks of Loch Lomond with fantastic mountain views. The stylish interior combines contemporary design with classic touches from Scotlands baronial past. The resort's luxurious Carrick Spa is a sanctuary of calm, with a wide range of treatments, heat and water experiences, a relaxation suite and rooftop infinity pool.  
**More information:** From £129 per room for bed and breakfast. One night dinner, bed and breakfast spa packages are also available, from £420 per double room. Cameron House, 01389 755565, www.cameronhouse.co.uk.



**BROADOAKS**

This magnificent Victorian country house hotel and restaurant combines tasteful period styling with boutique luxury. There are 17 individually designed rooms, featuring roll-top baths, hand carved four-poster beds, whirlpool baths and sunken Jacuzzis. The nearby Windermere Health Club also has a fitness suite, a 50ft pool, an ice room, steam room, sauna and full spa facilities.  
**More information:** From £45 per person, per night (see website for offers). Broadoaks, 01539 445566, www.broadoakscountryhouse.co.uk.



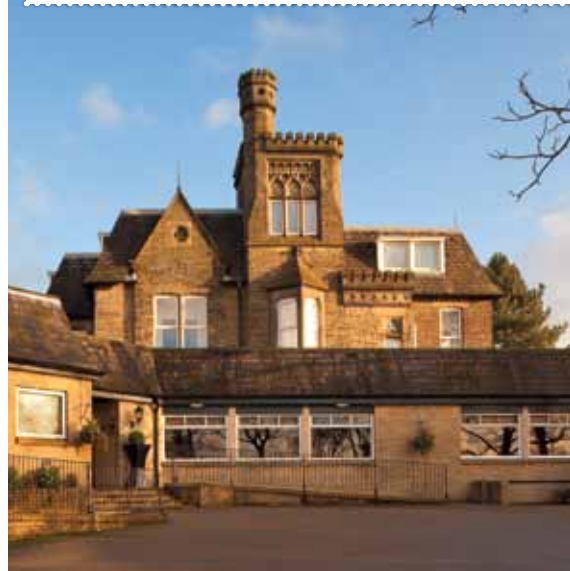
**COWORTH PARK**

The Dorchester Collection's recently opened country house hotel in Berkshire is set in 200 acres of lush countryside. The eco-luxury Spa provides a range of 100% organic treatments and is the only spa in Europe to offer exclusive Dr. Alkaitis treatments and products.  
**More information:** From £235 per room per night inclusive of breakfast. Coworth Park, 01344 876600, www.coworthpark.com.



**MERCURE MANCHESTER**

Norton Grange Hotel and Spa is a four-star hotel set in its own landscaped grounds around eight miles from Manchester. The hotel has 81 contemporary rooms, each with wireless internet and satellite TV. Choose from the elegant Grange Restaurant, or the less formal Pickwick Bistro. Full spa facilities include an indoor heated pool, fitness room and massage treatments.  
**More information:** A two night break for two people in January 2012 starts from £150. Norton Grange, 01706 630788, www.mercure.com.



**THORESBY HALL HOTEL**

This Grade I-listed mansion is perched on the edge of Sherwood Forest and set in beautiful grounds. It has two delicious dining options including authentic Italian Fenocchi's or the AA rosette winning Blue Room. The hotel's newly refurbished World Spa is the ideal place to relax or indulge in a luxury treatment.  
**More information:** A three night spa break, based on two people sharing a standard room on a half board basis, starts at £299 per person. Thoresby Hall, 0800 138 8399, www.warnerleisurehotels.co.uk.



**CADBURY HOUSE**

Doubletree by Hilton Cadbury House is the South West's newest four-star, 132-bed boutique hotel. It achieves a perfect blend of past and present – combining the historical character of the original 18th century house with contemporary design. The hotel also has one of the largest independent health clubs in the area, comprising a large gym, spa, salon and bistro.  
**More information:** Two nights b&b starts from £178 per room. Cadbury House, 01934 834343, www.cadburyhotelbristol.co.uk.



**GROSVENOR PULFORD**

The four-star Grosvenor Pulford Hotel and Spa is set in its own grounds near Chester. It has 73 comfortable rooms, a magnificent Mediterranean-style restaurant and one of the finest gastro pubs in Cheshire. The Spa by Kasia provides natural, holistic and organic treatments combined with luxurious techniques and is the only spa in the area with a traditional hamman.  
**More information:** From £135 a night for a double standard room, including breakfast, based on two people sharing. Grosvenor Pulford Hotel, 01244 570 560, www.grosvenorpulfordhotel.co.uk.

